

Acute brain attacks



Maja Steinlin

NEUROZENTRUM
Neurocentre | Neurocentro
Inselspital Universität Bern
Universitätsklinik Bern

INSELSPITAL
UNIVERSITÄTSSPITAL BERN
HÔPITAL UNIVERSITAIRE DE BERNE
BERN UNIVERSITY HOSPITAL

KINDERKLINIKEN
Bern



Medizinische Universitätskinderklinik

Top 10 Symptoms and Signs Frequency in children with acute focal deficits

Symptoms/signs	Ranking?
Ataxia	
Visual disturbance	
Headache	
Facial paresis	
Loss of consciousness	
Hemiparesis	
Seizures	
Speech disturbance	
Altered mental state	
Vomiting	

Acute brain attack

EPNS Budapest 2015

Medizinische Universitätskinderklinik

Recognition tools for stroke: FAST For Paramedics

FAST	AIS total	Anterior circulation	Posterior circulation
Face	70%	76%	42%
Arm	61%	71%	33%
Speech	34%	38%	42%
At least 1	76%	88%	50%

Acute brain attack

EPNS Budapest 2015

Recognition tools for stroke: Rosier For Emergency Physicians

ROSIER	All	Anterior	Posterior
LOC / syncope	-	0	0
Seizure	-	17%	17%
Asymm facial weakness	+	70%	82%
Asymm arm weakness	+	61%	73%
Asymm leg weakness	+	57%	67%
Speech disturbance	+	34%	32%
Visual defects	+	10%	6%
Pos Rosier (≥ 1)		81%	85%
		75%	

ACT FAST ON THE FIRST SIGN OF STROKE



What is your next step?

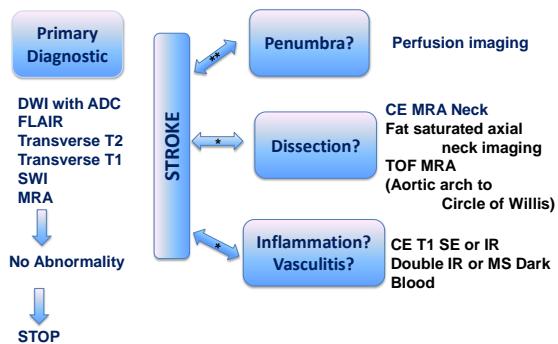
Magnetic resonance the first choice of imaging

Table 5 Median time intervals (IQR) in hours according to age group from arrival in hospital to first neuroimaging

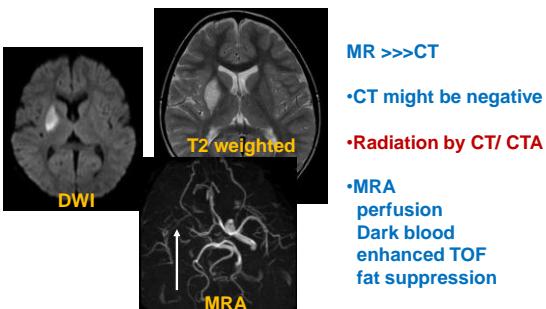
	AIS	HS
Age group		
<1 year	11.3 (2.4–24.5) (n=1)	1.0 (0.5–1.5) (n=3)
1–5 years	4.5 (0.7–22.5) (n=33)	1.7 (0.7–2.7) (n=6)
6–10 years	2.1 (1.1–4.3) (n=9)	1.4 (0.9–4.7) (n=12)
11–15 years	2.5 (0.7–73.5) (n=15)	1.1 (0.6–1.9) (n=13)
p Value	0.24	0.58
AIS, arterial ischaemic stroke; HS, haemorrhagic stroke.		

First neuroimaging modality	AIS	HS
CT		
MRI		
USG		
First neuroimaging was diagnostic of stroke	72 (76%)	40 (95%)
By modality		
CT	43/65 (66%)	39/41 (95%)
MRI	28/28 (100%)	1/1 (100%)
USG	1/2 (50%)	

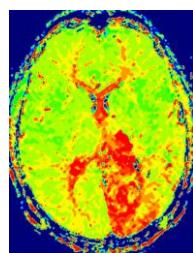
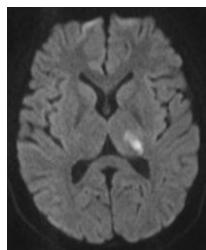
AIS, arterial ischaemic stroke; HS, haemorrhagic stroke; USG, cranial ultrasonography.



Fast imaging by magnetic resonance !!!!

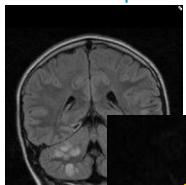


Diffusion – Perfusion Mismatch



Important for decisions on endovascular interventions

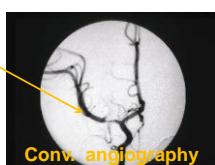
Careful for posterior circulation stroke!



Basilar thrombosis has a longer therapeutic window for lyses



Suspicion of an inflammatory process



Conv. angiography



MRA

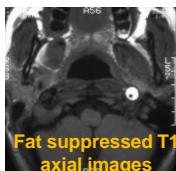


T1 dark blood



Enhanced MRA

Search for dissection

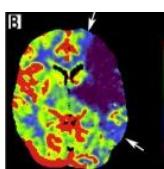


The top 10 aetiologies for acute focal deficits in children
please rank their frequency

	Children	Adults
Bell's palsy		° °
CNS infection		
Seizures/epilepsy		
Psychiatric		
Cerebellitis		
Encephalopathy		
CNS demyelination		
Stroke		
peripheral NS		
Migraine		

and in adults?

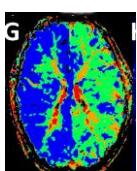
Differential diagnosis stroke versus migraine



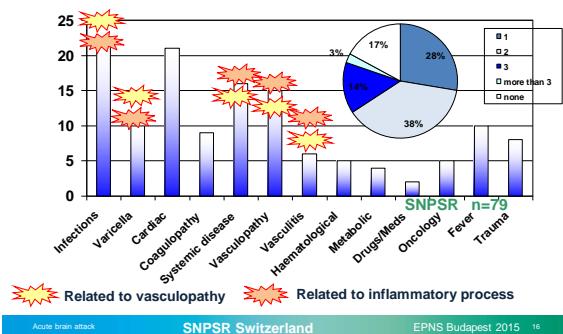
Sudden onset
Stuttering sy
Motor>Sensory
Neglect for sy



Family/personal hx
Jacksonian march
Sensory sy starting
Visual Plus sy
Freighted by sy



Risk factors SNPSR



Acute brain attack

SNPSR Switzerland

EPNS Budapest 2015 16

Suggested investigations



	Results as an emergency	To do at diagnosis	To do at appropriate time
Blood	BC, SR, CRP, electrolytes, glucose, liver and renal function, coagulation, lactate	Viral serology (as Varicella/Herpes simplex/ Mycoplasma/Enterovirus) Borreliosis Vasculitis ? (ESR, ACLA, ANA, LA)	Lipid profile, Homocysteine Alipoprotein Prothrombotic studies (Factor V, Prothrombin and MTHFR mut., Protein S and C) Specific investigations
Urine		Organic Amino acids* if suspected metabolic!	
CSF	Opening pressure cells, protein, glucose, lactate	PCR varicella other PCR / serologies	

Acute brain attack

EPNS Budapest 2015 17

Treatment in First Hours

- Body temperature 36.5-37 °Celsius
- Avoid Hypo- und Hyperglycemia (rare in children!)
- Monitoring of level of consciousness
- Blood pressure monitoring Symptoms of increased cranial pressure
- Treat seizures (in about on 20%!)

Acute brain attack

EPNS Budapest 2015 18

Thrombolyses and Thrombectomy in children

Why considering it?

Pro	Contra
<ul style="list-style-type: none"> • Outcome 50% with hemiparesis 66% with cognitive problems 	<ul style="list-style-type: none"> • Different aetiologies
<ul style="list-style-type: none"> • Children not less affected than young adults^{n= 24} 	<ul style="list-style-type: none"> • Different Penumbra course? ^{n= 31}
<ul style="list-style-type: none"> • Younger children have higher risk for problems 	<ul style="list-style-type: none"> • Different time course of vessel occlusion?

Thrombolyses and Thrombectomy in children

	Considering in case of	Caveats
Thrombolysis Intravenous / - arterial	Vessel occlusion and DW/perfusion mismatch pedNIH >>4; within 4.5 hour time window	Evidence limited to uncontrolled case reports, often not conforming to adult guidelines
Thrombectomy	Large vessel occlusion and diffusion/perfusion mismatch pedNIH >>4; within recommended adult time win.	Evidence limited to uncontrolled case reports

Steinlin and Mackay, in press, Ellis et al 2014, Fransen et al 2015

Aspirin versus Heparin

	Indications	Caveats
Aspirin	Baseline treatment 5mg/kg BW	r/o first dissection and cardiac problem Positive studies for adults
Heparinoids*	Extracranial dissection Cardioembolic stroke Negative study for kids	Caution required with large hemispheric or posterior fossa infarction

Steinlin and Mackay, in press, Berge et al 2002, Monagle et al 2011

The Role of Steroids?

	Considering in.....	Caveats
Steroids	Focal (transient) arteriopathy Medium to large vessel vasculitis	No evidence
Immuno-suppression	Small vessel vasculitis	

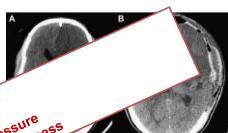
Steinlin and Mackay, in press; Benseler 2014

Decompressive craniotomy in children

Malignant media infarction

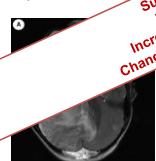
21 children malignant media infarction
aged 1 5/12 – 18y
Glasgow coma scale 4-9;
13/13 dilated pupil;
Craniotomy < 48h in 13 (2-20)

*Surveillance in ICU
First symptoms:
Increase of blood pressure
Change of level of consciousness*



Posterior circulation stroke

11% craniotomy
all within 72hours



Prenotify Stroke Team

Emergency
Neuropaediatrician
Stroke team
Neuroradiology
Anaesthesia



Imaging

Intervention



Emergency

Helpful literature

- Mackay MT, et al. «Arterial ischemic stroke risk factors: The international pediatric stroke study.» *Ann Neurol*, 1 2011: 130-40.
- Steinlin M. A Clinical approach to arterial ischemic childhood stroke: increasing knowledge over the last decade. *Neuropediatrics*. 2012;43: 1-9. Review
- Monagle P et al «Antithrombotic therapy in neonates and children: Antithrombotic Therapy and Prevention of Thrombosis, 9th ed: American College of Chest Physicians Evidence-Based Clinical Practice Guidelines.» *Chest*. 2012 Feb;141(2 Suppl):e737S-801S, Feb 2012: e737S-801S
- Roach ES, et al
«Management of stroke in infants and children: a scientific statement from a Special Writing Group of the American Heart Association Stroke Council and the Council on Cardiovascular Disease in the young.» *Stroke*, 2008: 2644-91.

Helpful literature

- Mallick AA et al „Diagnostic delays in paediatric stroke.,“ *J Neurol Neurosurg Psychiatry*. 2014 Oct 23. pii: jnnp-2014-309188 epub ahead of print, 2014
- Mackay MT et al, „Stroke and nonstroke brain attacks in children,“ *Neurology*, Bd. 82, pp. 1434-40, April 2014
- Yock-Corralles A et al, „Can the FAST and ROSIER adult stroke recognition tools be applied to confirmed childhood arterial ischemic stroke?,“ *BMC Pediatr*, Bd. 11, p. 93, 21 October 2011
- Ellis MJ et al, „Endovascular therapy in children with acute ischemic stroke: review and recommendations,“ *Neurology*, Bd. 79, pp. 158-64, 25 September 2012