



Peripheral Neuropathy

EPNS Neuromuscular Course



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Declarations

- » PI in clinical trials for PTC Therapeutics, Summit
- » Consultancy for Santhera and Biogen
- » Conference fees and travel by PTC therapeutics



Topics

- Acquired neuropathy
- Genetic neuropathy
- Genetic multisystem disorders which include neuropathy



Acquired neuropathy

- Guillaine-Barre syndrome
 - AIDP
 - AMAN
 - AMSAN
- CIDP
- Drugs/toxins



GBS

Required features

- Progressive weakness >1 limb
- Areflexia, varying degree

Supportive features

- Progression stopped by 4 wks
- Relative symmetry
- Cranial N involvement
- Autonomic dysfunction
- ↑CSF protein, <10WBC
- Abnormal neurophysiology



GBS

- Pain & paraesthesiae common
- May be autonomic dysfunction, hypertension, urinary retention, cardiac dysrhythmia
- 7-15% require ventilation, ↑risk rapid onset, cranial N involvement, ↑CSF protein
- Management; Supportive, IVIG, plasmapheresis



GBS Differential diagnosis

- Botulism
- Myelopathy
- Viral myositis
- Porphyria
- Tick bite paralysis
- Toxins



GBS types

- AIDP
 - Most common
 - Neurophysiology – slow NCV, dispersion, conduction block
 - 1% Miller Fisher syndrome (GQ1b ab)
- AMAN
 - C jejuni (GM1 ab)
- AMSAN



CIDP

- May be
 - Monophasic with progression over >2 months
 - Slowly progressive
 - Relapsing remitting course



CIDP diagnosis

- Neurophysiology
 - Generalised slowing NCV
 - Dispersion CMAP
 - Conduction block
- ↑CSF protein
- Exclusion of other causes
- Biopsy
 - Demyelination, inflammatory cell infiltrate



Drugs/toxins

- Heavy metals
- Organophosphates
- Drugs
 - Chemotherapy
 - Isoniazid
 - Pyridoxine
 - Itraconazole
 - Thalidomide



Chemotherapy induced peripheral neuropathy (CIPN)

- » Vinca alkaloids, platinum compounds
- » Vincristine
 - » incidence increases with cumulative dose
 - » 35% neuropathic pain
 - » 78-100% neuropathy of any grade
 - » neurophysiology; axonal, motor predominant
- » Cis-platinin
 - » incidence & characteristics less well defined
- » Concomitant meds may increase risk
- » Adult survivors 20% sensory, 17.5% motor impairment



Genetic neuropathy

- Classification has been confused & confusing
- Various terms have been used; peroneal muscular atrophy, HMSN and CMT

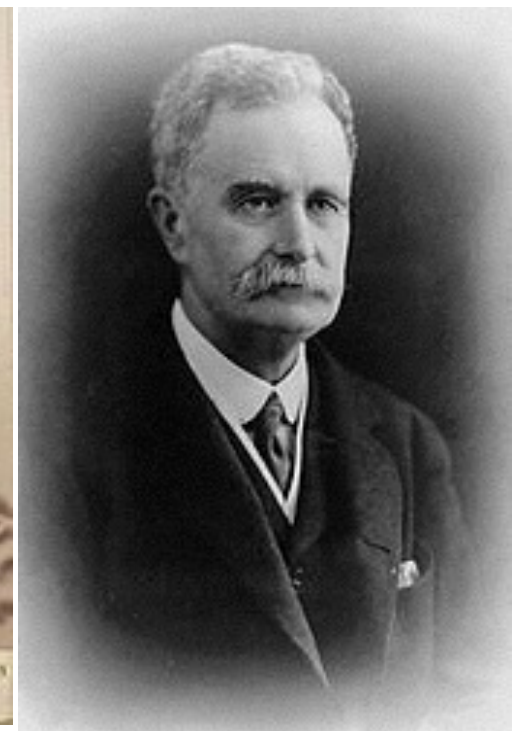


Genetic neuropathy

- CMT motor and sensory neuropathy
- HNPP hereditary neuropathy with a liability to pressure palsies
- dHMN distal hereditary motor neuropathy
- HSAN hereditary sensory and autonomic neuropathy



CMT



Most common neuromuscular condition, prevalence 40/100 000, 200 000 cases in EU



CMT Clinical features

- Foot deformity



CMT clinical features

- Clumsy gait
- Tremor
- Falls
- Pain - usually secondary to deformity
- Positive sensory symptoms uncommon
- Other features
 - Scoliosis
 - Cranial nerve palsy



CMT examination findings

- Muscle wasting
 - Peroneal muscles
 - Intrinsic hand muscles
- Muscle weakness
 - Ankle dorsiflexion, eversion
 - intrinsic hand muscles
- Absent reflexes
- Sensory loss



CMT severe forms

- Early onset
- Severe hand / foot weakness
- Proximal weakness
- May develop respiratory problems



CMT classification

- Demyelinating
 - NCV $<38\text{m/s}$ upper limb
- Axonal
 - NCV $>38\text{m/s}$ upper limb
- Intermediate
 - NCV 25-45m/s
 - X-linked most common GJB1



CMT classification

- CMT1 demyelinating
- CMT2 axonal
- DSN/CHN
- CMT4



HNPP

- Recurrent nerve palsy at compression sites (common peroneal, radial)
- Mildly slow NCV
- 85% deletion 17p11.2
- 15% PMP22 mutation
- can also present as mild CMT



dHMN

- Rare
- Presentation similar to CMT
- Neurophysiology motor conduction only affected
- Genes
 - HSPB1
 - HSPB8
 - GARS/BSCL2 upper limb predominance



Genetic testing

- Benefits
 - Confirms diagnosis
 - Accurate genetic advice to family
 - Non-invasive diagnostic testing
- Problems
 - Limited availability
 - Few common genes
 - Many rare genes



CMT genes

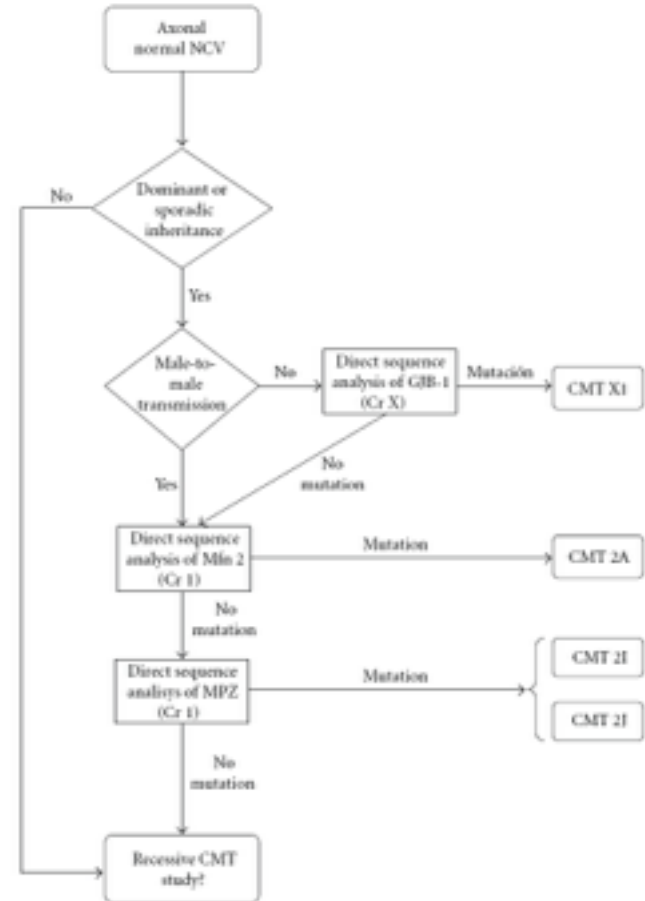
	Number of genes
CMT 1	9
Intermediate	5
CMT2	25 AD 8 AR
CMT4	13

MPZ Phenotypes

CMT1B,
Dominant intermediate type D
CMT4E
DSN
CMT2I & 2J



Genetic testing in CMT



Reilly M

CMT1 genetics

- CMT1a
 - 17p11.22 duplication 70% CMT1 Europe (10% sporadic)
 - PMP22 point mutation (also DSN/CHN)
- CMT1b
 - 10% CMT1 MPZ mutation (also DSN/CHN & CMT2)
- Other genes rare
 - EGR2, LITAF, SIMPLE, NEFL



CHN/DSN Genetics

- PMP22 mutation
- MPZ mutation
- EGR2 mutation
- PRX mutation



CMT 2 genetics

- Mutations in 8 genes account for 25%
- Clinical phenotype important
 - “classic” CMT
 - CMT2A MFN2 (20% CMT2)
 - MPZ, NEFL, HSPB1, HSPB8
 - Prominent sensory involvement (like HSN1)
 - CMT 2B RAB7
 - Upper limb predominance
 - GARS, BSCL2
 - CMT2C TRPV4 skeletal dysplasia, neuropathy



CMT4 genetics

- 13 genes to date
 - CMT4A GDAP1 gene, also axonal, commonest recessive, may be vocal cord/diaphragmatic involvement, rare AD mutations in CMT2
 - CMT4B1 MTNR2 vocal cord paresis, scoliosis
 - CMT4C SH3TC2, scoliosis
 - CMT4D NDRG1, Balkan gypsy population, deafness,
 - CTPD1, CCFDN congenital cataract, facial dysmorphism, neuropathy
 - LMNA, axonal, severe



» Giant axonal neuropathy, GAN

- » weakness, ataxia, frizzy hair, cognitive impairment, MRI white matter abnormality, also mild cases

» SMARD1, IGHMBP2

- » diaphragmatic weakness/eventration, distal weakness
- » sensorimotor polyneuropathy



**Brown-Vialetto-Van Laere and Fazio Londe syndrome
is associated with a riboflavin transporter defect mimicking
mild MADD: a new inborn error of metabolism
with potential treatment**

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BVVL

Cranial neuropathies, deafness

Diaphragmatic weakness

Sensorimotor polyneuropathy

SLC52A1, SLC52A2, SLC52A3



CMTX

- Consider when no male to male transmission
- GJB1 (connexin)
 - Occasionally white matter abnormality on MRI, may be transient severe CNS involvement (ADEM like)



CMT with pyramidal signs

- Overlap with HSP with distal amyotrophy



CMT Management

- Prevention/limitation of deformity
 - Splinting
 - stretching
 - casting
- Surgery
- Supportive for severe



HSAN clinical features

- Injuries
 - Trauma, burns
 - Self inflicted injury
 - Infections
 - Charcot joints
- Anhidrosis
 - Recurrent pyrexia
- May be associated LD



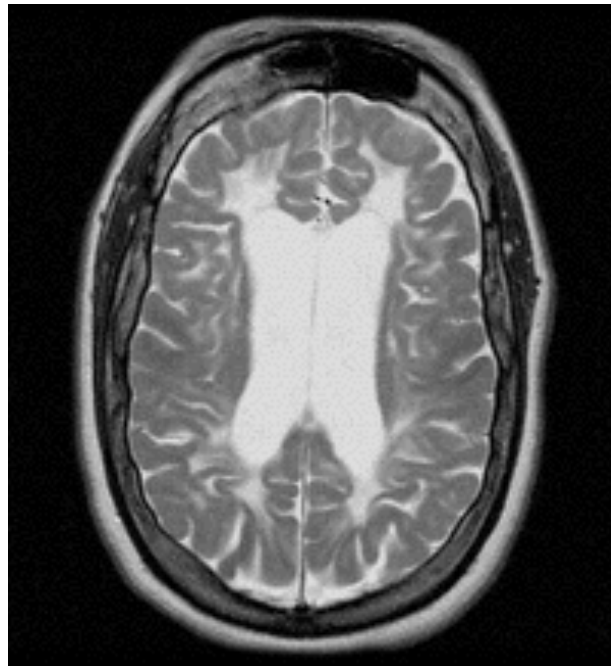
HSAN

- HSAN1
 - AD onset 2nd decade, SPTLC1/SPTLC2
- HSAN2
 - AR HSN2, severe, mild anhidrosis
- HSAN3 Riley-Day syndrome
- HSAN4
 - AR NTRK1 mutations, severe, anhidrosis, LD
- HSAN5

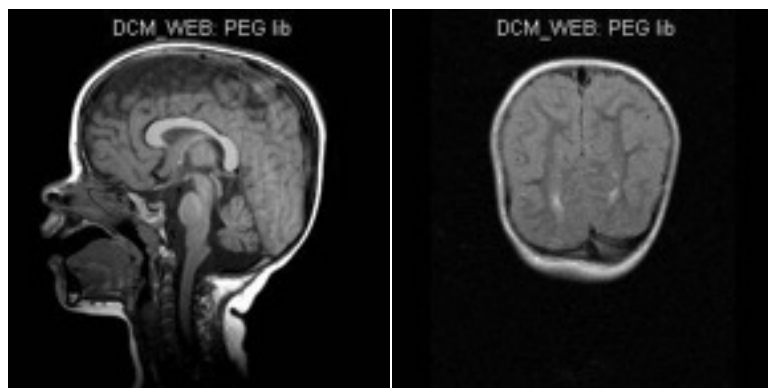


Neuropathy in multisystem disorders

- Leucodystrophies
 - Rarely may be presenting feature



INAD PLA2G6



Neuropathy in multisystem disorders

- Mitochondrial disorders
 - often unrecognisable due to prominent central features, may assist with syndrome classification
- Peroxisomal disorders
- CDG
- Refsum disease
- Fabry



Summary

- Neuropathy is relatively common
- May be acquired
- May be genetic
- May occur as part of a multisystem disorder in which it may be presenting feature or an essential clue

